

| School | Team | Last Name | First Name | Sit Ups | | Push Ups | | Long Jump | | Pull Ups | | Run | | | Total | | |
|------------------|------|-----------|------------|-----------|--------|----------|--------|-----------|--------|----------|--------|--------|---------|--------|-------|-----|----|
| | | | | Number | Points | Number | Points | Distance | Points | Number | Points | Actual | 1/4 sec | Points | | | |
| Emmaus | A | 1A | O'Donnell | Jake | 100 | 100 | 60 | 100 | 119.25 | 100 | 30 | 100 | 41.53 | 41.75 | 100 | 500 | 1 |
| Emmaus | A | 1A | O'Donnell | Sam | 100 | 100 | 60 | 100 | 111.75 | 87 | 30 | 100 | 43.9 | 44 | 100 | 487 | 2 |
| Upper Darby | A | 8A | Payne | Jimmy | 100 | 100 | 60 | 100 | 109 | 82 | 30 | 100 | 43.7 | 43.75 | 100 | 482 | 3 |
| Upper Darby | A | 8A | Tukhi | Nasim | 100 | 100 | 60 | 100 | 114 | 92 | 30 | 100 | 46.57 | 46.75 | 89 | 481 | 4 |
| SouthBronx | A | 7A | Nunez | Justin | 92 | 84 | 60 | 100 | 116.25 | 96 | 30 | 100 | 43.75 | 43.75 | 100 | 480 | 5 |
| Upper Darby | A | 8A | Sing | Andrew | 100 | 100 | 60 | 100 | 112.5 | 89 | 30 | 100 | 47.14 | 47.25 | 87 | 476 | 6 |
| Emmaus | A | 1A | Adamo | Nino | 100 | 100 | 60 | 100 | 108.25 | 80 | 30 | 100 | 45.26 | 45.5 | 94 | 474 | 7 |
| Upper Darby | A | 8A | Dean | Derek | 100 | 100 | 60 | 100 | 113.5 | 91 | 30 | 100 | 48.75 | 48.75 | 81 | 472 | 8 |
| Emmaus | A | 1A | McCabe | Steve | 100 | 100 | 60 | 100 | 105.75 | 75 | 30 | 100 | 44.46 | 45 | 96 | 471 | 9 |
| Emmaus | A | 1A | Downey | Dante | 100 | 100 | 60 | 100 | 107.25 | 78 | 29 | 96 | 44.96 | 45 | 96 | 470 | 10 |
| Emmaus | A | 1A | Picarello | Chris | 100 | 100 | 60 | 100 | 103.25 | 70 | 30 | 100 | 45.29 | 45.5 | 94 | 464 | 11 |
| Sun Valley | A | 2A | Fisher | David | 100 | 100 | 60 | 100 | 100.25 | 64 | 30 | 100 | 44.5 | 44.5 | 98 | 462 | 12 |
| Bethpage | A | 6A | Lopez | Kevin | 100 | 100 | 60 | 100 | 122.75 | 100 | 25 | 80 | 48.81 | 49 | 80 | 460 | 13 |
| Bethpage | A | 6A | Ogden | Matt | 99 | 98 | 60 | 100 | 102.5 | 69 | 30 | 100 | 46.53 | 46.75 | 89 | 456 | 14 |
| SouthBronx | A | 7A | Estrada | Jonathan | 100 | 100 | 60 | 100 | 95.5 | 55 | 30 | 100 | 45 | 45 | 96 | 451 | 15 |
| Parkland | A | 5A | Reinhold | Steven | 100 | 100 | 60 | 100 | 101.5 | 67 | 30 | 100 | 48.12 | 48.25 | 83 | 450 | 16 |
| Sun Valley | A | 2A | Cieslak | Sonney | 100 | 100 | 60 | 100 | 100.5 | 65 | 30 | 100 | 53.54 | 48.75 | 81 | 446 | 17 |
| Bethpage | A | 6A | Cafiero | Tommy | 100 | 100 | 60 | 100 | 98 | 60 | 30 | 100 | 47.5 | 47.5 | 86 | 446 | 18 |
| Bethpage | A | 6A | Ramos | Evan | 95 | 90 | 60 | 100 | 105 | 74 | 30 | 100 | 48.59 | 48.75 | 81 | 445 | |
| Bethpage | A | 6A | McDermott | Mike | 98 | 96 | 60 | 100 | 99 | 62 | 30 | 100 | 47.57 | 47.75 | 85 | 443 | |
| Sun Valley | A | 2A | Thomas | Jeff | 98 | 96 | 60 | 100 | 100.5 | 65 | 30 | 100 | 48.65 | 48.75 | 81 | 442 | |
| Upper Darby | A | 8A | Lee | Henry | 100 | 100 | 60 | 100 | 98 | 60 | 30 | 100 | 48.73 | 48.75 | 81 | 441 | |
| Sun Valley | A | 2A | Schuster | Dan | 100 | 100 | 60 | 100 | 99.5 | 63 | 27 | 88 | 46.66 | 46.75 | 89 | 440 | |
| SouthBronx | A | 7A | Garcia | Francisco | 100 | 100 | 60 | 100 | 112.5 | 89 | 18 | 54 | 44.63 | 44.75 | 97 | 440 | |
| Upper Darby | A | 8A | Pavlose | Anderson | 100 | 100 | 60 | 100 | 100 | 64 | 30 | 100 | 49.97 | 50 | 76 | 440 | |
| Bethpage | A | 6A | Kivotidis | Gus | 100 | 100 | 60 | 100 | 104.75 | 73 | 23 | 72 | 48.54 | 48.75 | 81 | 426 | |
| SouthBronx | A | 7A | Barrie | Mohamed | 100 | 100 | 60 | 100 | 109.75 | 83 | 18 | 54 | 47.22 | 47.25 | 87 | 424 | |
| Sun Valley | A | 2A | Crow | Brandon | 100 | 100 | 60 | 100 | 91 | 46 | 30 | 100 | 52.37 | 52.5 | 66 | 412 | |
| Colts Neck JROTC | A | 4A | Luca | Joe | 95 | 90 | 60 | 100 | 97.5 | 59 | 30 | 100 | 53.51 | 53.75 | 61 | 410 | |
| Parkland | A | 5A | Fermin | Daniel | 100 | 100 | 60 | 100 | 110.75 | 85 | 16 | 48 | 49.72 | 49.75 | 77 | 410 | |
| Sun Valley | A | 2A | Vanoster | Josh | 100 | 100 | 60 | 100 | 94 | 52 | 25 | 80 | 51.28 | 51.5 | 70 | 402 | |
| Parkland | A | 5A | Nomie | Darion | 100 | 100 | 60 | 100 | 96.5 | 57 | 21 | 63 | 48.38 | 48.5 | 82 | 402 | |
| Parkland | A | 5A | Kitson | Andrew | 87 | 77 | 60 | 100 | 97.5 | 59 | 23 | 72 | 47.59 | 47.75 | 85 | 393 | |
| Parkland | A | 5A | Pfeiffer | Alex | 98 | 96 | 60 | 100 | 93.25 | 50 | 17 | 51 | 46.47 | 46.5 | 90 | 387 | |
| Colts Neck JROTC | A | 4A | Olmo | Stephen | 70 | 60 | 60 | 100 | 112 | 88 | 12 | 36 | 46.5 | 46.5 | 90 | 374 | |

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|------------------|------|-----------|---------------|-----------|--------|----------|--------|-----------|--------|----------|--------|--------|---------|--------|-------|-----|
| | | | | Number | Points | Number | Points | Distance | Points | Number | Points | Actual | 1/4 sec | Points | | |
| SouthBronx | A | 7A | Pristell | Anthony | 97 | 94 | 60 | 100 | 87.25 | 38 | 18 | 54 | 47 | 47 | 88 | 374 |
| Colts Neck JROTC | A | 4A | Ucciardi | Jeremy | 73 | 63 | 60 | 100 | 102 | 68 | 16 | 48 | 45.72 | 45.75 | 93 | 372 |
| Colts Neck JROTC | A | 4A | Keller | Robert | 76 | 66 | 60 | 100 | 90.75 | 45 | 22 | 68 | 50.75 | 50.75 | 73 | 352 |
| Colts Neck JROTC | A | 4A | Chung | Alex | 71 | 61 | 60 | 100 | 95.5 | 55 | 13 | 39 | 48.72 | 48.75 | 81 | 336 |
| Colts Neck JROTC | A | 4A | Zampelle | Nick | 87 | 77 | 60 | 100 | 94 | 52 | 11 | 33 | 51.5 | 51.5 | 70 | 332 |
| Colts Neck | A | 3A | Oshel | James | 73 | 63 | 60 | 100 | 84.5 | 33 | 15 | 45 | 48.81 | 48.5 | 82 | 323 |
| Parkland | A | 5A | Elder | Kyle | 88 | 78 | 51 | 82 | 98.25 | 60 | 10 | 30 | 51.97 | 52 | 68 | 318 |
| Colts Neck | A | 3A | Russo | Brandon | 78 | 68 | 60 | 100 | 83 | 30 | 21 | 63 | 56.15 | 56.25 | 51 | 312 |
| Colts Neck | A | 3A | Makin | Justin | 46 | 36 | 60 | 100 | 96.5 | 57 | 12 | 36 | 49.04 | 49.25 | 79 | 308 |
| Colts Neck | A | 3A | Rabinowitz | Joey | 83 | 73 | 47 | 74 | 92.75 | 49 | 13 | 39 | 51.4 | 51.5 | 70 | 305 |
| Colts Neck | A | 3A | Marinello | Paul | 55 | 45 | 54 | 88 | 91.25 | 46 | 11 | 33 | 49.62 | 49.75 | 77 | 289 |
| Colts Neck | A | 3A | Ross | Andrew | 67 | 57 | 41 | 67 | 95.75 | 55 | 10 | 30 | 50.71 | 50.75 | 73 | 282 |
| Emmaus | P | 1A | Tannous | Nate | 100 | 100 | 60 | 100 | 104.75 | 73 | 30 | 100 | 44.25 | 44.25 | 99 | 472 |
| Emmaus | P | 1A | Martinez | Will | 100 | 100 | 60 | 100 | 104.75 | 73 | 30 | 100 | 46.25 | 46.25 | 91 | 464 |
| Emmaus | P | 1A | Parikh | Devon | 100 | 100 | 60 | 100 | 102.25 | 68 | 30 | 100 | 46.53 | 46.75 | 89 | 457 |
| Upper Darby | P | 8A | Tran | David | 100 | 100 | 60 | 100 | 117 | 98 | 30 | 100 | 45.94 | 46 | 0 | 398 |
| Emmaus | P | 1A | Krieger | Cam | 100 | 100 | 60 | 100 | 117.75 | 99 | 24 | 76 | 46.81 | 47 | 0 | 375 |
| Emmaus | P | 1A | McGovern | Kyler | 100 | 100 | 60 | 100 | 99 | 62 | 30 | 100 | 44.54 | 44.75 | 0 | 362 |
| Emmaus | P | 1B | Shananan | Jake | 85 | 75 | 49 | 78 | 97 | 58 | 17 | 51 | 47.28 | 57.5 | 100 | 362 |
| Emmaus | P | 1A | Castillo | Erick | 100 | 100 | 60 | 100 | 97 | 58 | 30 | 100 | 47.06 | 47.25 | 0 | 358 |
| Upper Darby | P | 8A | Singh | Montek | 100 | 100 | 60 | 100 | 94.25 | 52 | 30 | 100 | 53.15 | 53.15 | 0 | 352 |
| Emmaus | P | 1B | Dellanoce | Mike | 100 | 100 | 60 | 100 | 102.75 | 69 | 25 | 80 | 48.74 | 50 | 0 | 349 |
| Bethpage | P | 6A | Karambatsakis | Niko | 100 | 100 | 60 | 100 | 98 | 60 | 26 | 84 | 51.22 | 52.25 | 0 | 344 |
| Upper Darby | P | 8A | Bost | Krystofer | 100 | 100 | 60 | 100 | 106.25 | 76 | 22 | 68 | 48.47 | 49.5 | 0 | 344 |
| Emmaus | P | 1B | Adamo | Manny | 100 | 100 | 47 | 74 | 100.5 | 65 | 30 | 100 | 49.18 | 49.25 | 0 | 339 |
| Sun Valley | P | 2A | Crow | Collin | 100 | 100 | 60 | 100 | 81 | 26 | 30 | 100 | 56.22 | 56.25 | 0 | 326 |
| Bethpage | P | 6A | Wilder | Bryan | 93 | 86 | 60 | 100 | 96.75 | 57 | 25 | 80 | 50.2 | 50.25 | 0 | 323 |
| Bethpage | P | 6A | Hynes | Nick | 100 | 100 | 60 | 100 | 83 | 30 | 28 | 92 | 49.25 | 49.25 | 0 | 322 |
| Emmaus | P | 1B | Schmoyer | Matt | 95 | 90 | 46 | 72 | 101 | 66 | 28 | 92 | 49.91 | 47.5 | 0 | 320 |
| Sun Valley | P | 2A | McGuire | Shakkir | 96 | 92 | 60 | 100 | 84.25 | 32 | 28 | 92 | 51.22 | 51.25 | 0 | 316 |
| Upper Darby | P | 8A | Rudhukrishun | Renju | 100 | 100 | 60 | 100 | 91.25 | 46 | 22 | 68 | 58.33 | 56.33 | 0 | 314 |
| Bethpage | P | 6A | Safranov | Sasha | 92 | 84 | 55 | 90 | 99.25 | 62 | 23 | 72 | 48.85 | 49 | 0 | 308 |
| Sun Valley | P | 2A | Preuhs | Nate | 100 | 100 | 60 | 100 | 80.5 | 25 | 25 | 80 | 51.22 | 51.25 | 0 | 305 |
| Bethpage | P | 6B | Kim | Jerry | 100 | 100 | 60 | 100 | 93.75 | 51 | 16 | 48 | 50.31 | 50.5 | 0 | 299 |
| Bethpage | P | 6A | Flores | Shaun | 99 | 98 | 55 | 90 | 105 | 74 | 12 | 36 | 48.28 | 48.5 | 0 | 298 |

| School | Team | Last Name | First Name | Sit Ups | | Push Ups | | Long Jump | | Pull Ups | | Run | | | Total | |
|-------------|------|-----------|-------------|-----------|--------|----------|--------|-----------|--------|----------|--------|--------|---------|--------|-------|-----|
| | | | | Number | Points | Number | Points | Distance | Points | Number | Points | Actual | 1/4 sec | Points | | |
| Upper Darby | P | 8A | Wahid | Tanvir | 100 | 100 | 60 | 100 | 91.5 | 47 | 16 | 48 | 51.07 | 51.25 | 0 | 295 |
| Parkland | P | 5B | Lusignea | Kyle | 100 | 100 | 59 | 98 | 89.5 | 43 | 17 | 51 | 50.65 | 50.75 | 0 | 292 |
| Bethpage | P | 6A | Nani | Steven | 100 | 100 | 60 | 100 | 90.75 | 45 | 15 | 45 | 48.84 | 49 | 0 | 290 |
| Sun Valley | P | 2A | May | Paul | 100 | 100 | 59 | 98 | 86.5 | 37 | 18 | 54 | 52.87 | 53 | 0 | 289 |
| South Bronx | P | 7A | Garcia | James | 73 | 63 | 57 | 94 | 104 | 72 | 20 | 60 | 51.62 | 51.75 | 0 | 289 |
| Sun Valley | P | 2C | O'Malley | Mike | 92 | 84 | 60 | 100 | 65.5 | 0 | 0 | 0 | 51.03 | 64.5 | 100 | 284 |
| Bethpage | P | 6B | Bedney | Jason | 84 | 74 | 60 | 100 | 85.75 | 35 | 18 | 54 | 50.57 | 50.75 | 0 | 263 |
| Bethpage | P | 6B | Chan | Ryan | 98 | 96 | 55 | 90 | 91 | 46 | 10 | 30 | 50.94 | 51 | 0 | 262 |
| Bethpage | P | 6B | Wildner | John | 80 | 70 | 60 | 100 | 94 | 52 | 10 | 30 | 52.94 | 53 | 0 | 252 |
| Parkland | P | 5B | Heintzelman | Matthew | 87 | 77 | 50 | 80 | 97.5 | 59 | 11 | 33 | 51.18 | 51.25 | 0 | 249 |
| Emmaus | P | 1B | Rodgers | Kevin | 88 | 78 | 50 | 80 | 92.75 | 49 | 13 | 39 | 51.16 | 51.25 | 0 | 246 |
| Bethpage | P | 6B | Flanagan | Andrew | 76 | 66 | 60 | 100 | 91.75 | 47 | 9 | 27 | 54.09 | 54.25 | 0 | 240 |
| South Bronx | P | 7A | Elias | George | 74 | 64 | 26 | 52 | 75 | 14 | 2 | 6 | 58 | 58 | 100 | 236 |
| Parkland | P | 5B | Worthington | Bradley | 58 | 48 | 57 | 94 | 90.25 | 44 | 15 | 45 | 52.03 | 52.2 | 0 | 231 |
| Emmaus | P | 1B | Rodrigues | Sabastian | 97 | 94 | 40 | 66 | 92.25 | 48 | 6 | 18 | 50.84 | 51 | 0 | 226 |
| Sun Valley | P | 2B | Hart | John | 74 | 64 | 20 | 46 | 74.75 | 13 | 0 | 0 | 64.5 | 64.5 | 100 | 223 |
| Sun Valley | P | 2B | Brees | James | 60 | 50 | 31 | 57 | 74.5 | 13 | 0 | 0 | 57.11 | 57.25 | 100 | 220 |
| Emmaus | P | 1C | Adamo | Abe | 92 | 84 | 45 | 70 | 84.5 | 33 | 10 | 30 | 54.32 | 54.5 | 0 | 217 |
| Sun Valley | P | 2B | Laskoski | Ryan | 60 | 50 | 22 | 48 | 73 | 10 | 0 | 0 | 60.32 | 60.5 | 100 | 208 |
| South Bronx | P | 7A | Flores | Edward | 80 | 70 | 55 | 90 | 0 | 0 | 16 | 48 | | 0 | 0 | 208 |
| Parkland | P | 5C | Wentworth | Bruce | 84 | 74 | 45 | 70 | 89.5 | 43 | 6 | 18 | 50.13 | 50.25 | 0 | 205 |
| Sun Valley | P | 2C | Dunn | James | 56 | 46 | 22 | 48 | 64.5 | 0 | 0 | 0 | 63.22 | 63.25 | 100 | 194 |
| Sun Valley | P | 2A | Lopez | Adrian | 80 | 70 | 27 | 53 | 83.5 | 31 | 11 | 33 | 53.65 | 53.75 | 0 | 187 |
| Sun Valley | P | 2A | Robbins | Robert | 80 | 70 | 28 | 54 | 86.5 | 37 | 8 | 24 | 51.41 | 51.5 | 0 | 185 |
| South Bronx | P | 7A | Caldwell | Anthony | 65 | 55 | 30 | 56 | 96.25 | 56 | 5 | 15 | 48.8 | 49 | 0 | 182 |
| Bethpage | P | 6B | Lydon | Kevin | 67 | 57 | 31 | 57 | 87.5 | 39 | 9 | 27 | 50.82 | 51 | 0 | 180 |
| South Bronx | P | 7A | Gamble | Shakeem | 49 | 39 | 26 | 52 | 96 | 56 | 8 | 24 | 47.41 | 47.5 | 0 | 171 |
| Parkland | P | 5B | Cekovic | Austin | 67 | 57 | 32 | 58 | 92 | 48 | 2 | 6 | 52.98 | 53 | 0 | 169 |
| Upper Darby | P | 8A | Kahn | Moshin | 87 | 77 | 24 | 50 | 89 | 42 | 0 | 0 | 55.32 | 55.5 | 0 | 169 |
| Parkland | P | 5C | Kelly | Matthew | 39 | 29 | 35 | 61 | 87 | 38 | 11 | 33 | 51.59 | 51.75 | 0 | 161 |
| Parkland | P | 5C | Anthony | Bruce | 87 | 77 | 0 | 0 | 90.5 | 45 | 11 | 33 | 51.05 | 51.25 | 0 | 155 |
| Sun Valley | P | 2B | Jasper | Alex | 70 | 60 | 25 | 51 | 73 | 10 | 1 | 3 | 53.41 | 53.5 | 0 | 124 |